## Xsight<sup>®</sup> Lung Tracking Phantom Kit & 4D Planning Phantom

Models 18023-A, 18043 & 18043-A

### QUALITY ASSURANCE AND E2E TESTING ON CYBERKNIFE® SYSTEMS



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## Xsight<sup>®</sup> Lung Tracking Phantom Kit

The CIRS Model 18023-A Xsight Lung Tracking "XLT" Phantom Kit has been verified and validated by Accuray for use with CyberKnife systems and is designed to work in conjunction with the Synchrony System.

The XLT phantom body represents an average human thorax in shape, proportion and composition. It consists of a 3D anthropomorphic spine with cortical and trabecular bone, ribs, and lung lobes. One lung lobe accommodates a lung-equivalent rod containing a film cube with a spherical soft tissue target and dosimetric film. Anthropomorphic spine and ribs provide natural reference structures and challenges for tumor tracking and treatment.

The body is connected to a motion actuator box that induces three-dimensional target motion through linear translation and rotation of the lung-equivalent rod. Motion of the rod itself is radiographically invisible due to its matching density with the surrounding material. The target and its motion, given its density difference, can be resolved.

The phantom shares some components with the CIRS Model 008A Dynamic Thorax Phantom. As with the Model 008A, target and surrogate motion are independently controlled with CIRS Motion Control Software. The graphical user interface provides an unlimited variety of motions while simplifying the operation of the XLT Phantom to an intuitive level. Patient specific profiles are easily imported and there is no need to make hardware adjustments or have special programming skills.

Key differences between the Model 18023-A and the CIRS Model 008A include the length of phantom body, location of the moving rod within the lung, and the inclusion of ribs.

### 4D Planning Phantom

The CIRS Model 18043 4D Planning "4DP" Phantom, also verified and validated by Accuray, provides a modified phantom body. Unlike the XLT anthropomorphic spine, the 4DP contains a cylindrical spine insert. The spine insert is trabecular bone-equivalent and accommodates a film cube with cylindrical critical structure and dosimetric film for assessment of spinal cord sparing. The insert can be manually rotated within the phantom body.

The 4DP lung has higher density than the XLT lung. The 4DP lung equivalent insert also accommodates a film cube with a spherical soft tissue target and dosimetric film.

The 4DP phantom can be interchanged with the XLT body and connected to the motion actuator box.



18043-A Phantom Body Shown



Computerized Imaging Reference Systems, Inc is recognized world wide for tissue simulation technology and is the leader in the manufacture of phantoms and simulators for medical imaging and radiotherapy.

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### Easy To Use Software



### USER FRIENDLY MOTION CONTROL

The Dynamic Thorax Phantom is operated using CIRS Motion Control Software Suite, a user-friendly graphical user interface that can be installed on any computer running Windows OS. Upon installation, the user has the option to select the phantom that is to be controlled by the software.

Amplitude, cycle time and phase shift can be applied to both the surrogate and main phantom using slider bars or by entering desired values within the limits of the system. Five different waveforms are available from a standard pull down menu.

An unlimited number of clinically relevant and patient specific waveforms or correlation models can be imported from tab delimited or comma separated file formats, including all main brand name tracking devices available on the market.

There are also waveform editing, smoothing and analyzing tools to ease the optimization of custom waveforms. All motion files can be saved for future use.

The software provides a convenient, real-time graphic display with relevant information about the waveform selected for each direction of simulated tumor. In addition the ROI analyzing function provides the time spent by the target between two chosen amplitudes and the average time weighted position for that particular ROI.

Users can instantly start, stop or pause the motion at any time. New start positions can be graphically selected and applied making the device very useful for static test as well as dynamic testing. Users can also select the number of cycles to be looped by entering the desired value or choose continuous looping (1 million cycles). The Advanced Motion Parameters window contains a Research Mode that allows researchers to import 3D (x ,y ,z) recorded waveforms. Once the research mode is selected, the software automatically calculates the best scenario to simulate the real 3D waveform and simulated volume is achieved.



### True 3D Target Motion In A Solid Epoxy Phantom

A lung-equivalent solid epoxy rod containing a soft tissue target (and/ or dosimeter) is moved within a lobe of similar lung equivalent material in a solid phantom body. Motion of the lung material is radiographically invisible due to its matching density with the surrounding material, however the target can be resolved given its density difference.

The center of the target is positioned off central axis of the rod.

Complex 3D motions can be achieved thru simultaneous, independently controlled linear translation and rotation.





Within the CIRS Motion Control software, the user inputs desired range of target motion in the inferior-superior (IS), anterior-posterior (AP) and the left/right (LR) directions. Using these inputs, the software computes the rotational angles based on known distance of the target center relative to the central axis of the rod. Rotation instruction is sent to the actuator by the software.

- Maximum IS motion is 50 mm
- Maximum AP/LR motion is 10 mm via rotation
- Minimum cycle time is 1 second
- Maximum cycle time is unlimited

### Independently Controlled Surrogate Motion

The surrogate motion is mechanically independent of tumor motion and programmable through the CIRS Motion Control Software. The surrogate platform can emulate either chest wall or diaphragmatic motion by manually changing its position. Various gating devices can be attached to the platform. The platform thickness and density allows for CT simulation of the diaphragm. This feature provides even greater flexibility to the clinician and is useful in assessing correlation between surrogate and tumor motion.

- Maximum surrogate motion 50 mm
- Minimum cycle time is 1 second
- Maximum cycle time is unlimited



# Xsight<sup>®</sup> Lung Phantom Ball Cube Rod

\*Ball cube film sold separately. Contact your local Ashland distributor for more information.



The XLT and 4DP phantoms include a single dosimeter rod made from lung equivalent epoxy (of respective densities) and measures 63.5 mm in diameter. It contains a 25 mm diameter spherical target that accommodates two pre-cut Radiochromic<sup>®</sup> films. The rod is easily connected and aligned to the drive shaft.

A film scanner is required for digital film analysis. Accuray recommends using a 16-bit grayscale (or 48-bit color) film scanner with the ability to generate consistent and accurate optical density and position measurements. Instructions for use of either phantom and E2E test film analysis software are provided by Accuray.



Using Xsight Spine Tracking System for initial phantom alignment

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Synchrony System displaying the detected phantom motion



E2E software analysis of the films used in the Xsight Lung Tracking System Phantom

### 4D Treatment Optimization & Planning System



The optional 4D Treatment Optimization and Planning System on the MultiPlan System allows the user to visualize the effect of respiratory tissue deformation on the radiation dose isocontours and metrics of a treatment plan. The user can consider these deformation effects during the plan optimization process, resulting in a treatment plan with optimized beam positions and weights based on respiratory deformation knowledge.

The 4D Planning "4DP" Phantom used in conjunction with the XLT phantom kit permits testing of this optional 4D Planning System on the MultiPlan System with the CyberKnife System. This model provides a new phantom body without ribs and with dense lung tissue. The spine is

replaced by a 50 mm diameter cylindrical insert made of trabecular bone substitute that contains a cylindrical critical structure that accommodates two pre-cut Radiochromic<sup>®</sup> film.

For a quantitative review of dose calculations from the MultiPlan System, you can export a DICOM RTDOSE file and evaluate the file using thirdparty software. In addition, you can export DICOM files from the MultiPlan System to the MultiPlan System PC using the global export tool in the MultiPlan System.



Qualitative comparison of the dose in the critical structure between 4D and 3D dose calculations using ImageJ.

## Proven Tissue Equivalent Phantom Technology



The XLT and 4DP phantoms approximate the average human thorax in both size and structure using simplified geometries. The XLT phantom body contains ribs and a 3D anthropomorphic spine with cortical and trabecular bone. The 4DP has no ribs and contains a cylindrical, trabecular bone-equivalent spine insert.

Phantoms are constructed of proprietary tissue equivalent epoxy materials with linear attenuations within 1% of actual attenuation for water and bone and within 3% for inhale lung from 50 keV to 15 MeV. This allows using the phantoms for end-to end (E2E) testing starting from CT without additional CT number adjustment. If treatment planning system (TPS) requests users to enter material data, electron density should be used instead of physical density of resins.

External alignment marks facilitate rapid orientation with positioning lasers and phantom image registration.

Material	Density, g/cc	Electron Density X 10^23, per cc	Ratio to H <sub>2</sub> O
Plastic Water® DT	1.04	3.35	1.003
XLT Lung	0.21	0.69	0.207
Cortical Bone	1.91	5.95	1.782
Trabecular Bone	1.20	3.86	1.156
Soft tissue target	1.06	3.43	1.028
4 DP Lung	0.71	2.32	0.695

Linear Attenuation Coefficients To Reference Tissues (3) (4)						
	Plastic Water® DT	Trabecular Bone	Cortical Bone	XLT Lung (Inhale)	4 DP Lung	
En, MeV	Ratio, %	Ratio, %	Ratio, %	Ratio, %	Ratio, %	
0.04	100.8	100.0	100.00	100.3	100.0	
0.06	100.5	100.1	100.00	101.1	100.0	
0.08	100.3	100.3	99.99	101.9	99.9	
0.10	100.2	100.3	99.99	102.2	99.9	
0.15	100.0	100.4	100.0	102.5	100.0	
0.20	100.1	100.5	99.99	102.5	99.9	
0.40	100.1	100.5	100.0	102.7	100.0	
0.60	100.1	100.5	100.0	102.6	100.0	
0.80	100.1	100.4	100.0	102.7	100.0	
1.00	100.1	100.5	100.0	102.7	100.0	
1.50	100.1	100.5	100.0	102.7	100.0	
2.00	100.1	100.5	99.99	102.6	99.9	
4.00	100.0	100.5	99.92	102.1	99.4	
6.00	99.8	100.3	99.85	101.6	98.9	
8.00	99.7	100.0	99.79	101.2	98.3	
10.0	99.6	100.0	99.73	100.7	97.7	
15.0	99.2	99.78	99.61	100.0	96.6	
20.0	99.1	99.58	99.55	102.7	95.7	

3. ICRP 23, Report of the Task Group on Reference Man (1975).

Woodard, H.Q., White, D.R., *The Composition of Body Tissues*, The British Journal of Radiology (1986) 59: 1209-1219

## **Advanced Electromechanical Components**



### ACTUATOR

Housed within anodized aluminum enclosures, the actuator contains bipolar stepper motors that enable linear motion accuracy of 0.05 mm and rotational motion accuracy of 0.2°. Linear motion of the target in the (IS) direction can be isolated from rotational motion in the axial plane in both frequency and amplitude. Surrogate motion is independently controlled. Motions can be synchronized to one another with accuracy better than 20 msec. Motion cycle time accuracy is better than 5 msec. Optical sensors ensure precise mechanical positioning. The actuator is designed for continuous operation. If not manually stopped and reset by the user, it will perform 1000000 (in continuous mode) cycles then stop automatically.



#### **CONTROLLER**

Motions are generated through a three-axis motion controller. A USB port enables interfacing with most computers. The controller sends instructions as well as supplies and conditions power to the actuator thru a 25 pin serial cable.

The motion controller can be fully operated through CIRS Motion Control Software (see page 3) from a distance of up to 70 feet with the Ethernet/USB cable provided.

### Upgrade Program



The original Model 18023 Xsight Lung Tracking Phantom Kit (Accuray Part No. 025190) can be upgraded to the Model 18023-A. Upgraded features include: 3-axis controller, independently controlled linear, rotational and surrogate motion and CIRS Motion Control Software, a user-friendly graphical user interface that can be installed on any computer running Windows XP or later.

Motion profiles validated by Accuray and provided in the original Model 18023 and Accuray Part No. 025190 can be easily set-up to run along with standard options. An unlimited number of clinically relevant and patient specific waveforms or correlation models can also be imported from vendor specific, tab delimited or comma separated file formats.

### Model 18023-A & 18043 Ordering Information

### INCLUDED WITH MODEL 18023-A

Qty	Component Description
1	XLT Torso (Phantom Length 18cm)
1	Gating Device Assembly
1	Motion Controller
1	Base Plate
3	Spacers for Phantom
1	Actuator Assembly
1	CIRS Motion Control Software (USB Key)
1	XLT - Target Moving Rod
1	XLT - Film Cube #3*
4	Replacement Assembly Pins for Cube #3
2	Screwdriver, 4 -in- 1
1	Push Rod for ball cube
1	Wrench, Hex, 3/32"
1	Wrench, Hex, 5/64"
2	2 amp fuses
1	Extra fasteners (pack )
1	XLT Kit Case (67 cm x 32 cm x 28 cm; 18.5 kg shipping weight) ube film sold separately. Contact your local Ashland distributor fo

\*Ball cube film sold separately. Contact your local Ashland distributor for more information.

### **INCLUDED WITH MODEL 18043**

Qty	Component Description			
1	4DP Torso (Phantom Length 18cm)			
1	4DP - Target Moving Rod			
1	4DP - Film Cube #1 for 5cm moving rod *			
3	4DP – Spine Target Moving Rod with Gold Markers			
1	4DP - Film Cube #2 for 6 cm moving rod*			
4	Replacement Assembly Pins for Cube #2			
1	Push Rod for ball cube			
1	4DP Kit Case (18 cm x 30 cm x 20 cm; 7.2 kg shipping weight)			

\*Ball cube film sold separately. Contact your local Ashland distributor for more information.

### SPECIFICATIONS - 18023-A

Power:	110-250 VAC, 50/60 Hz
Amplitude, IS:	± 25 mm
Amplitude, AP/LR:	± 5 mm
Amplitude, Surrogate:	± 25 mm
Max. Surrogate Plat- form Load	5.4 kg (12 lb)
Motion Accuracy:	± 0.1 mm
Cycle Time:	1 - $\infty$ (adjusted based on amplitude)
Waveforms:	sin (t), 1-2cos4(t), 1-2cos6(t), sawtooth, sharkfin
CIRS Motion Control Software System Requirements	Windows XP® / Vista / Windows 7/ Windows 8/ Windows 10 (32 or 64 bit) Pentium 3® or equivalent 512 MB RAM 2 MB of available disk space

# Limited Warranty

All standard CIRS products and accessories are warranted by CIRS against defects in material and workmanship for a period as specified below. During the warranty period, the manufacturer will repair or, at its option, replace, at no charge, a product containing such defect provided it is returned, transportation prepaid, to the manufacturer. Products repaired in warranty will be returned transportation prepaid.

There are no warranties, expressed or implied, including without limitation any implied warranty of merchantability or fitness, which extend beyond the description on the face hereof. This expressed warranty excludes coverage of, and does not provide relief for, incidental or consequential damages of any kind or nature, including but not limited to loss of use, loss of sales or inconvenience. The exclusive remedy of the purchaser is limited to repair, recalibration, or replacement of the product at manufacturer's option.

This warranty does not apply if the product, as determined by the manufacturer, is defective because of normal wear, accident, misuse, or modification.

#### **NON-WARRANTY SERVICE**

If repairs or replacement not covered by this warranty are required, a repair estimate will be submitted for approval before proceeding with said repair or replacement.

PRODUCT	WARRANTY PERIOD
Models 18023-A & 18043- Dynamic Phantoms	24 Months

### **References:**

Munoz, C., et al., Evaluation of Positional Accuracy in Moving Tumors Using a CIRS Dynamic Phantom. Poster presented, Cyberknife User's Meeting January 2007.

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Varchena, V., et al., A novel Dynamic Thorax phantom for 3D-CRT and IMRT of lung lesions. Radiotherapy & Oncology at Meeting, Vol. 76, Supplement 2, September 2005.



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